Lincoln Golden Ages Seniors

## **NOVEMBER & DECEMBER 2022**

**NEWSLETTER** 

# \*\*The senior center will be <u>CLOSED</u> NOVEMBER 23<sup>RD</sup> - 25<sup>TH</sup> FOR THANKSGIVING BREAK AND CLOSED DECEMBER 23<sup>RD</sup> - JANUARY 6<sup>TH</sup> \*\* FOR WINTER BREAK

# CELEBRATION OF LIFE MEMORIAL, FRIDAY NOVEMBER 18<sup>TH</sup> 10:00 – 2:00

Cookies and refreshments will be served at 11:00, the reading of names will begin at 12:00. Please join us in this celebration of life. Friends and family welcome.

# CHRISTMAS PARTY DECEMEBER 9TH 11:00 - 2:00

Please sign up and reserve your spot to join us for some holiday cheer. We need you to sign up soon, so we know how much food to order.

FUNDRAISER: FRIDAY DECEMBER 16<sup>TH</sup> SATURDAY DECEMBER 17<sup>TH</sup>

CEMBER 16<sup>TH</sup>9:00 - 4:00 CraftersDECEMBER 17<sup>TH</sup>9:00 - 2:00 Crafters9:00 - 10:00 Breakfast with Santa10:00 - 12:00 Take a picture with Santa1:00 - Quilt Raffle and Basket Raffle DrawingThank you for your support, we can't do it without you.

TRIPS:

Zehnder's Trip – Frankenmuth, Wednesday November 30<sup>th</sup> leaving at 9:00 Rave Cinema trips – TBA watch for the signup sheets Casino Trips- TBA more to come.



Pictured here, our casino winners from the October trip to Firekeepers Casino. "Winner, Winner, Chicken Dinner

### Anita's Corner:

I'm looking forward to the Memorial Celebration of Life in November. I hope to see all the families and friends of our members that have passed. Be sure to mark your calendar and sign up for our Christmas Party. I will be putting out a sign-up sheet for "HELP" with our upcoming Christmas Fundraiser. I will need your help to make this a success. We would greatly appreciate it if you are able to sign up to help that you follow through because we truly rely on you for the assistance in making all of our endeavors successful.

Sincerely,

Anita Vivian, Coordinator

Nancy's Den:

Hello everyone,

I would like to take this opportunity to say thank you to all our amazing members at Lincoln Golden Ages Center for the ongoing support I have received since starting my position as Director. My priorities are to see that our senior center continues to flourish and thrive. This is accomplished through our due diligence in working together as a team. Together we will continue to make this a happy and welcoming place to be for all of us. Our success is always about making you, our members, feel right at home.

Sincerely,

Nancy Fox, Director





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# **MONTHLY BIRTHDAYS**

NOVEMBER		DECEMBER	
Ruth Ann Jamnick	8 <sup>th</sup>	Barbara Speed	1 st
Allen Michaels	8 <sup>th</sup>	Jacqueline Kyler-Sargent	3rd
Nancy Davidson	10 <sup>th</sup>	Kay Allen	<b>4</b> <sup>th</sup>
Becky Courvoisier	12 <sup>th</sup>	Mary Jane Instance	<b>4</b> <sup>th</sup>
Sue McDonell-Tippett	12 <sup>th</sup>	Carol Shell	7 <sup>th</sup>
Nancy Fox	16 <sup>th</sup>	Anita Vivian	<b>9</b> <sup>th</sup>
Hessie Whetstone	18 <sup>th</sup>	Mary Zitnik	13 <sup>th</sup>
Mary Smith	<b>21</b> st	Mary Ann Blaszak	14 <sup>th</sup>
Judy Hughes	<b>26</b> <sup>th</sup>	Gail Embery	19 <sup>th</sup>
Edna Smith	<b>26</b> <sup>th</sup>	Priscilla Marbury	22 <sup>nd</sup>
Pam Boughton	27 <sup>th</sup>	Christine Jones	23 <sup>rd</sup>
Maria Dewalt	27 <sup>th</sup>	Patricia Yates	
Jody Muck	28 <sup>th</sup>	Gloria Ballog	
Bonnie Hogan	30 <sup>th</sup>	Glenda Jones	<b>26</b> <sup>th</sup>
•		Zipporah Talbert	29 <sup>th</sup>

Birthday cake for our guys and gals will be served:

# Wednesday November 16th12:00 -1:00

# Wednesday December 14th 12:00-1:00



Beautiful Memories are like old friends.

They may not always be on your mind, but they are forever in your

heart.

#### Chocolate Chip Dip Recipe Simple, easy, and delicious

#### Ingredients

- 1 package (8 ounces) cream cheese, softened
- <sup>1</sup>/<sub>2</sub> cup butter, softened
- <sup>3</sup>/<sub>4</sub> cup powdered sugar
- 2 tablespoons brown sugar
- 1 teaspoon vanilla extract
- 1 cup mini chocolate chips
- Graham crackers, etc.

#### Directions

In a small bowl, beat cream cheese and butter until light and fluffy. Add the sugars and vanilla; beat until smooth. Stir in chocolate chips. Serve with graham cracker sticks, apples, or anything you would like.

Or try

#### Sugar Free Chocolate Chip Dip Recipe

#### Ingredients

- 1 package (8 ounces) cream cheese, softened
- $\frac{1}{2}$  cup butter, softened
- <sup>3</sup>/<sub>4</sub> cup Alternate powdered sugar (example: Swerve Confectioners Sugar)
- 1/4 teaspoon maple extract
- 1 teaspoon vanilla extract
- 1 cup sugar free chocolate chips
- Graham crackers ,etc.

#### Directions

In a small bowl, beat cream cheese and butter until light and fluffy. Add the sugars and vanilla; beat until smooth. Stir in chocolate chips. Serve with graham cracker sticks, apples, or anything you would like.





# **ACTIVITIES SCHEDULE:**

There are a lot of changes due to the holidays coming up. <u>Be sure to check the monthly calendar for changes in the activities schedule</u> <u>for canceled classes, closure days, and celebration events</u>.

Mondays 9:00 – 2:00 Quilting and Sewing Tuesdays 9:30-10:15 Cardio Drumming with Amy Tuesdays 11:30 – 2:00 Golden Girls Crocheting Wednesdays 9:30 – 10:30 Yoga with Tammy Wednesdays 11:00 – 12:00 BINGO Wednesdays 1:00 – 2:00 Euchre Wednesdays- all day Blood Pressure checked by Sue Thursdays 11:00 – 2:00 Brick Food Pantry located next door to Senior Center Thursdays 11:30 – 1:30 Book Club Fridays 9:30 – 11:30 Pinochle

# Fridays 12:00 – 2:00 Senior Cinema



# Lincoln Golden Ages Senior Staff

Mary Zitnik

**Director:** Nancy Fox Chairperson: Linda Fuller Co-Chair: Bettie Talbert Secretary: MaryJane Instance Treasurer: Renee Kwiecinski Trustee: **Bobbie Harbour Alternate Board Members:** Nancy Fox, Anita Vivan Coordinator: Anita Vivian Newsletter Editor: Donna Raymond **Fundraiser Committee:** Anita Vivian, MaryJane Instance, Nancy Fox, Bettie Talbert MaryJane Instance, Gloria Ballog, Becky Courvoisier, Maria Dewalt, Donna Raymond, Sue McDonell-Tippett, Anita Vivian, and Mary Zitnik **Sunshine Committee:** Vacancy and Joyce Vargason Trip Committee: Renee Kwiecinski, Bettie Talbert, Linda Fuller and Helen Nafranowicz Volunteer Van Drivers: Gary Kwiecinski, Sue McDonell-Tippett Donna Raymond

# \*\* ADVISORY BOARD MEETING September 13,2022 MINUTES\*\* ARE NOW AVAILABLE TO READ

Located at the front sign-in area

Newsletter Sponsored By: The Lincoln Board of Education's Lincoln Golden Ages Seniors Program 8970 Whittaker Rd, Suite 100 Ypsilanti, MI 48197 Established in 1984 Office Phone: **734-483-8366** 

#### Email: LincolnGoldenAges@lincolnk12.org

Please note: The driveway for the LGAS center is off Willis Road





Monday	Tuesday	Wednesday	Thursday	Friday			
	1	2	3	4			
	9:30-10:15	9:30-10:30	10:00-11:00	9:30-11:30			
	Cardio Drumming w/	Yoga w/ Tammy	Trip	Pinochle			
	Amy	11:00-12:00 BINGO	<b>Committee Mtg</b>	12:00-2:00			
	11:30-2:00	12:00-1:00	11:30-1:30	Senior Cinema			
	Golden Girls	Party Committee	Book Club				
	Crocheting	Mtg					
		1:00-2:00					
		Euchre					
		<b>Blood Pressure with</b>					
		Sue all day					
7	8	9	10	11			
9:00-2:00	9:30-10:15	9:30-10:30	10:00-11:00	9:30-11:30			
Quilting and	Cardio Drumming w/	Yoga w/ Tammy	Fundraiser	Pinochle			
Sewing	Amy	11:00-12:00 BINGO	Committee Mtg	12:00-1:30			
	11:30-2:00	1:00-2:00	11:30-1:30	<b>Red Hat Society Mtg</b>			
	Golden Girls	Euchre	Book Club	bring your pennies			
	Crocheting	<b>Blood Pressure with</b>		Veterans Day			
	ELECTION DAY	Sue all day					
14	15	16	17	18			
9:00-2:00	9:30-10:15	9:30-10:30	10:00 - 11:00	10:00			
Quilting and	Cardio Drumming w/	Yoga w/ Tammy	Mobil Phone	Memorial			
Sewing	Amy	11:00-12:00 BINGO	Tech Class	Celebration of			
	11:30-2:00	1:00-2:00	11:30-1:30	Life			
	Golden Girls	Euchre	Book Club	NO Pinochle			
	Crocheting	<b>Blood Pressure with</b>		NO Senior Cinema			
	11:00-11:45	Sue all day					
	Advisory Board Mtg	Birthday Wednesday					
21	22	23		25			
	9:30-10:15		THANKSGIVING				
9:00-2:00	Cardio Drumming w/	CLOSED	Hittin 3	CLOSED			
Quilting and	Amy		Company F3				
Sewing	11:30-2:00		34				
	Golden Girls		Tim Not Wing and				
	Crocheting		TURKEY.				
28	29	30	W				
9:00-2:00	9:30-10:15	Zehnder's Trip					
Quilting and	Cardio Drumming w/	9:30-10:30					
Sewing	Amy	Yoga w/ Tammy					
	11:30-2:00	11:00-12:00 BINGO					
	Golden Girls	1:00-2:00					
	Crocheting	Euchre					





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 10:00-11:00 Trip Committee Mtg 11:30-1:30 Book Club	2 9:30-11:30 Pinochle 12:00-2:00 Senior Cinema	
5 9:00-2:00 Quilting and Sewing	6 9:30-10:15 Cardio Drumming w/ Amy 11:30-2:00 Golden Girls Crocheting	7 9:30-10:30 Yoga w/ Tammy 11:00-12:00 BINGO 1:00-2:00 Euchre Blood Pressure with Sue all day	8 10:00-11:00 Fundraiser Committee Mtg 11:30-1:30 Book Club	9 11:00-2:00 Christmas Party	
12 9:00-2:00 Quilting and Sewing	13 9:30-10:15 Cardio Drumming w/ Amy 11:30-2:00 Golden Girls Crocheting	14 9:30-10:30 Yoga w/ Tammy 11:00-12:00 BINGO 1:00-2:00 Euchre Blood Pressure with Sue all day Birthday Wednesday	15 11:30-1:30 Book Club	16 9:00-4:00 Christmas Fundraiser Crafters NO Pinochle NO Senior Cinema	17 9:00-2:00 CRAFTERS 9:00- 10:00 Breakfast with Santa 10:00-12:00 Pictures with Santa 1:30 Quilt and Raffle Drawing
19 9:00-2:00 Quilting and Sewing	20 9:30-10:15 Cardio Drumming w/ Amy 11:30-2:00 Golden Girls Crocheting	21 9:30-10:30 Yoga w/ Tammy NO BINGO NO Euchre 12:00-2:00 RED HAT CHRISTMAS PARTY	22 11:30-1:30 Book Club	23 CLOSED FOR WINTER BREAK	
26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED	

