

# *Lincoln Golden Ages Seniors*

NOVEMBER – DECEMBER 2023

*Newsletter*

*We will be closed on the following:*

**\*\* CLOSED NOVEMBER 22<sup>ND</sup> – 26<sup>TH</sup>\*\* THANKSGIVING BREAK**

**\*\* CLOSED DECEMBER 25<sup>TH</sup> – JANUARY 7<sup>TH</sup>, 2024 \*\* WINTER BREAK**

Whoa! Can you believe the holidays are just around the corner? We have been planning the Santa Holiday Craft Fundraiser that will be December 2<sup>nd</sup> 9am – 4pm in the Brick Elementary gym. Please spread the word to family and friends. And yes! Santa and Mrs. Claus will be there and arriving on the Augusta Township Fire Engine. Bring the grandkids. Please check the calendar for holiday center closings.

**Recent Past trips:** “Hole in the Wall” and “Comedy Chronicle a Tail of 2 Cruises”. Rumor has it everyone enjoyed themselves.

**Red Hat Ladies:** These ladies just went on a day trip to the Apple Charlie’s Orchard. They are always on the lookout for members to join their fun. If anyone is interested let Anita know and she will hook you up with the group.

**Halloween Party:**

We hope everyone enjoyed our Halloween Spooktacular party. The first graders in Ms. Jane B’s. class stopped in . Our own Jackie S. did an impressive job reading a bone rattling Halloween story to the kids. Thank you, Ms. Jane B., children, and Jackie S.

## **Reminders:**

- 1. Thursday is “CAN” food pick up day, you MUST pick up your food if you have it delivered to the center. The center can no longer hold any food at the center. If you do not come in before 2:00 or have another member pick it up for you, the center will return the items to “CAN”.**
- 2. The “Christmas Giving Tree” will be up. Please stop and pick a gift tag or two to help us make Christmas a little more special for the children. Last year’s tree was a success, and we hope to make this one as well.**
- 3. If you have any gently used “kids” coats, please bring them in and give to Anita.**
- 4. Check the front desk for any sign-up sheets for activities, trips, etc.**
- 5. If the school is closed for bad weather – We are closed!**

**Please check out our ACTIVITIES on the “CALENDAR” for time and dates  
( the times and dates can change week to week)**

- 1. Quilting and Sewing**
- 2. Cardio Drumming with Maria**
- 3. Arthritis Foundation Exercise Program (AFEP) with Virginia & Donna**
- 4. Yoga with Tammy**
- 5. Bingo**
- 6. Euchre**
- 7. Crafts with Jean**
- 8. Book Club**
- 9. Bunco**
- 10. Red Hat Ladies**



## **Anita's Corner**

**Question for you, does anyone play an instrument? We would like to hear from you. I want to thank all the seniors that helped with the party. The turnout was great, the costumes entertaining.**

**“TOGETHER WE CAN MAKE A DIFFERENCE”.**

**If you are interested in Bible Study, please let me know. A gentle reminder that we have a suggestion box on the front table. Please use it, we would like to hear from you.**

**Get your bodies moving and come to our workouts. We offer YOGA, DRUMMING, AFEP(Arthritis Foundation Exercise Program). Our instructors are here for your health and well-being. The more the merrier, so come join the fun with friends.**

**Our 2023 Holiday Craft Show with Santa is December 2<sup>nd</sup> we will need your help. Sign-up sheets will be on the front table.**

**“I WILL NEED YOU!” We are going to have so much fun!**

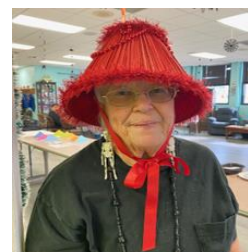
**Thank You Anita**

## **Nurse Sue:**

**Most of the leaves have fallen and need to be raked, blown, bagged, or burned. Be careful not to burn them if it is windy outside. Aggressive raking and bagging can bring on heart symptoms, such as chest pain and muscle pain. Pace yourself.**

**The coming holidays will prompt us to eat more than usual so be wary of bloating and indigestion that can be mistaken for heart symptoms.**

**Enjoy the holidays with family and friends- do so safely!**



**Dear Members of The Lincoln Golden Ages,**

**I hope this letter finds you well.**

**As the superintendent of Lincoln Consolidated Schools, it is such an honor and privilege to serve you and our beautiful community, and I am grateful for the opportunity to have met so many of you. Your warm welcome and kindness have made me feel truly at home.**

**As we move forward together, I encourage you to please vote on November 7th. We have two important ballot proposals, including one that will determine the future of our cherished Golden Ages center.**

**As we approach the Holiday season, I would like to take this opportunity to wish you all a safe, healthy, and memorable time with your loved ones. May this special time of year bring you joy, peace, and happiness.**

**I encourage our beautiful community to continue to support one another with kindness, compassion, and love. Together, we can make a positive difference in the lives of each other.**

**Thank you for being part of The Lincoln Golden Ages family.**

**Warm regards,**

**Robert Jansen, Superintendent**



## MONTHLY BIRTHDAYS

NOVEMBER 2023		DECEMBER 2023	
GENE METTERT	2	DITTY SPEED	1
NANCY DAVIDSON	10	JACQUELINE KYLER-SARGENT	3
BECKY COURVOISIER	12	KAY ALLEN	4
SUE M <sup>c</sup> DONELL-TIPPETT	12	MARY JANE INSTANCE	4
JUDY HUGHES	26	CAROL SHELL	7
EDNA SMITH	26	ANITA VIVIAN	9
MARIA DEWALT	27	MARY ZITNIK	13
BONNIE HOGAN	30	GAIL EMBERY	19
		PATRICIA YATES	23
		GLORIA BALLOG	24
		GLENDA JONES	26
		ZIPPORAH TALBERT	29



## BIRTHDAY WEDNESDAY

Come celebrate!

We will have

CAKE

and

ICE CREAM

on

November 29<sup>th</sup>

and

December 20<sup>th</sup>







**HALLOWEEN PARTY 2023**



## **TRIPS**



**WE WOULD LIKE TO THANK  
“THE RED ROOSTER PIZZERIA”  
FOR THE PIZZA AND SALAD  
THEY DONATED TO US IN SEPTEMBER**

**There is several of us who regularly go on Fridays and  
encourage all our members to stop in to dine or join us.**

**The staff is awesome.**

**The prices are reasonable.**

**51390 Willis Rd, Belleville,MI 48111**

**10:00am – 12:00am**

**734-399-4015**

**[www.redroosterpizzeria.com](http://www.redroosterpizzeria.com)**

## **Lincoln Golden Ages Seniors Staff**

**Director: Vacancy**

**Chairperson: Bettie Talbert**

**Co-Chair: Maria Dewalt**

**Secretary: Mary Jane Instance**

**Treasurer: Renee Kwiecinski**

**Trustee: Bobbie Harbour**

**Alternate Board Members: Laura Kidder, Donna Raymond, Anita Vivian**

**Coordinator: Anita Vivian**

**Newsletter Editor: Donna Vivian**

**Fundraiser Committee: Anita Vivian, Jean Bogue, Denise Case Bobbie Harbour, Mary Jane Instance, Renee Kwiecinski, Donna Raymond, Bettie Talbert**

**Party Committee: Mary Jane Instance, Gloria Ballog, Becky Courvoiser, Maria Dewalt, Laura Kidder, Donna Raymond, Sue McDonell-Tippet, Anita Vivian, Mary Zitnik**

**Sunshine Committee: Sue McDonell-Tippett, Joyce Varagason**

**Trip Committee: Bettie Talbert, Renee Kwiecinski**

### **NEWSLETTER SPONSORED BY:**

**The Lincoln Board of Education**

**Lincoln Golden Ages Seniors Program**

**8970 Whittaker Rd, Suite 100**


**Established in 1984**


**Office Phone: 734-483-8366**

**Email: [LincolnGoldenAges@lincolnk12.org](mailto:LincolnGoldenAges@lincolnk12.org)**

**Please note: the driveway for the LGAS center is off Willis Rd.**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>NOVEMBER 2023</b> 		<b>1</b> Yoga w/ Tammy 9:30-10:30 BINGO 11:00-12:00 Belton Presentation 12:00-2:00 Bp w/Sue all day	<b>2</b> Party Committee Mtg 9:30-10:30 No AFEP Euchre 12:00-2:00	<b>3</b> Red Hat Mtg 12:00-2:00 Bring your Nickels
<b>6</b> Quilting & Sewing 9:00-2:00	<b>7</b> Cardio Drumming w/ Maria 9:30-10:15 AFEP w/ Virginia 10:30-11:15 Golden Girls Crocheting 11:30-2:00	<b>8</b> Yoga w/ Tammy 9:30-10:30 BINGO 11:00-12:00 Game Time 12:00-2:00 Bp w/Sue all day	<b>9</b> Fundraiser Comm. Mtg 9:30-10:30 AFEP w/ Donna 10:30-11:00 Euchre 12:00-2:00	<b>10</b> BUNCO 12:00-2:00
<b>13</b> Quilting & Sewing 9:00-2:00	<b>14</b> NO DRUMMING NO AFEP 10:00-1:00 ADVISORY BOARD ELECTION & MTG Golden Girls Crocheting 11:30-2:00	<b>15</b> Yoga w/ Tammy 9:30-10:30 “CRAZY” BINGO 11:00-12:00 Game Time 12:00-2:00 Bp w/Sue all day	<b>16</b> NO AFEP EUCHRE 12:00-2:00	<b>17</b> BUNCO 12:00-2:00
<b>20</b> Quilting & Sewing 9:00-2:00	<b>21</b> Cardio Drumming w/ Maria 9:30-10:15 AFEP w/ Virginia 10:30-11:15 Golden Girls Crocheting 11:30-2:00	<b>22</b> CLOSED	<b>23</b> <del>Happy</del> <b>THANKSGIVING</b> CLOSED	<b>24</b> CLOSED
<b>27</b> Quilting & Sewing 9:00-2:00	<b>28</b> Cardio Drumming w/ Maria 9:30-10:15 AFEP w/ Virginia 10:30-11:15 Golden Girls Crocheting 11:30-2:00	<b>29</b> Yoga w/ Tammy 9:30-10:30 BINGO 11:00-12:00 BIRTHDAY WEDNESDAY 12:00 Game Time 12:00-2:00 BP w/ Sue all day	<b>30</b> AFEP w/ Donna 10:00-10:30 Christmas Craft w/ Jean 10:30-11:30 Book Club 11:30-1:30 Euchre 12:00-2:00	<b>*DAYLIGHT SAVINGS  ENDS NOV. 5<sup>TH</sup>*</b>  <b>NOV. 7<sup>TH</sup>  ELECTION DAY  “MILLAGE”</b>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DECEMBER 2023				<b>1</b> FUNDRAISER SET UP DAY
				<b>2</b> SATURDAY HOLIDAY FUNDRAISER DEC 2 <sup>ND</sup> 900-4:00
<b>4</b> Quilting & Sewing 9:00-2:00	<b>5</b> Cardio Drumming w/ Maria 9:30-10:15 AFEP w/ Virginia 10:30-11:15 Golden Girls Crocheting 11:30-2:00	<b>6</b> Yoga w/ Tammy 9:30-10:30 BINGO 11:00-12:00 Game Time 12:30-2:00 Bp w/Sue all day	<b>7</b> Party Committee Mtg 9:30-10:30 AFEP w/ Donna 10:30-11:00 Euchre 12:00-2:00	<b>8</b> BUNCO 12:00-2:00
<b>11</b> Quilting & Sewing 9:00-2:00	<b>12</b> Cardio Drumming w/ Maria 9:30-10:15 AFEP w/ Virginia 10:30-11:15 ADVISORY BOARD MTG 11:30-12:15 Golden Girls Crocheting 11:30-2:00	<b>13</b> NO YOGA BINGO 11:00-12:00 Game Time 12:30-2:00 Bp w/Sue all day	<b>14</b> NO ACTIVITIES SET UP FOR PARTY	<b>15</b> CHRISTMAS PARTY 12:00-2:00
<b>18</b> Quilting & Sewing 9:00-2:00	<b>19</b> Cardio Drumming w/ Maria 9:30-10:15 AFEP w/ Virginia 10:30-11:15 Golden Girls Crocheting 11:30-2:00	<b>20</b> NO YOGA BINGO 11:00-12:00 BIRTHDAY WEDNESDAY 12:00 Game Time 12:30-2:00 Bp w/Sue all day	<b>21</b> Fundraiser Comm. Mtg 9:30-10:30 NO AFEP 12:00-2:00 EUCHRE	<b>22</b> BUNCO 12:00-2:00
<b>25</b> MERRY CHRISTMAS 	<b>26</b> CLOSED	<b>27</b> CLOSED	<b>28</b> CLOSED	<b>29</b> CLOSED

PLEASE NOTE \*\* WE WILL RETURN MONDAY JANUARY 8, 2024

# JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HAPPY NEW YEAR	2 CLOSED	3 CLOSED	4 CLOSED	5 CLOSED
8 Quilting & Sewing 9:00-2:00	9 Cardio Drumming w/ Maria 9:30-10:15 AFEP w/ Virginia 10:30-11:15 Golden Girls Crocheting 11:30-2:00	10 NO YOGA BINGO 11:00-12:00 Game Time 12:30-2:00 Bp w/Sue all day	11 Party Committee Mtg 9:30-10:30 AFEP w/ Donna 10:30-11:00 Euchre 12:00-2:00	12 BUNCO 12:00-2:00
15 Quilting & Sewing 9:00-2:00	16 Cardio Drumming w/ Maria 9:30-10:15 AFEP w/ Virginia 10:30-11:15 Advisory Board Mtg 11:30-12:15 Golden Girls Crocheting 11:30-2:00	17 Yoga w/ Tammy 9:30-10:30 BINGO 11:00-12:00 Game Time 12:30-2:00 Bp w/Sue all day	18 Fundraiser Comm. Mtg 9:30-10:30 AFEP w/ Donna 10:30-11:00 Euchre 12:00-2:00	18 BUNCO 12:00-2:00