

# *Lincoln Golden Ages*

*January - February 2025*

*Newsletter*

We hope everyone had the opportunity to enjoy some holiday time with family and friends. December was good to us, not much snow but we still may get some bad weather. The center still follows the Lincoln Brick school closures. If the school closes due to weather the center will also be closed.

Also, a reminder membership dues are due now, if you haven't paid already.

We are always looking for new members. If you know of anyone, please encourage them to come check us out.

January 20<sup>th</sup> is MLK day (Martin Luther King, Jr)

Martin Luther King Day is a federal holiday held on the third Monday of January. It celebrates the life and achievements of Martin Luther King Jr., an influential American civil rights leader. He is most well-known for his campaigns to end racial segregation on public transport and for racial equality in the United States.

February 2<sup>nd</sup> is Groundhog Day:

- Sees His Shadow: If the plump prognosticator emerges from his hole on a clear day and sees his shadow, he will retreat, and there will be six more weeks of wintry weather.

OR

- No Shadow: If he emerges from his burrow and does NOT see his shadow, then early spring weather is right around the corner.

February 14<sup>th</sup> Valentine's Day

Please be sure to check out the calendar. We have a lot of activities, however occasionally the calendar does get changed, things happen, things may be canceled or rescheduled, and we try to put any changes on the whiteboard at the door. Please be patient with us, sometimes we don't get on it quickly.

Please see Anita or Denise if you have any interest in joining the Trip Committee.

## **Anita's Corner**

**I would like to thank all the "Elves" that helped to make the fundraiser a success, and those who helped by donating baked goods and setting up. We couldn't do it without you!**

**This year our "Giving Tree" was changed to giving to a family in need. Our family this year was a family of 5 children, all girls ranging from age 1 ½ to 17. (I think we spoiled them with your donations). Some members may be wondering why we changed the Giving Tree this year to a family vs the children. This was due to the greatest need of our school/community request.**

**If you haven't heard yet the age of becoming a member has been changed to 50 and I'm excited and hoping, we will see more members join us.**

**I would like to start a Red Plaid Shirt day to be on every Friday during the winter. It's just a fun idea if you would like to participate, but it's not mandatory. Denise and I try to provide a little something for you to snack on during lunchtime but remember it's not always possible so if you're diabetic you may want to bring a snack to be safe.**

**Still looking for members interested in joining the Trip committee- See me or Denise.**

## **Crafty Mondays:**

**We would like to invite the members to come and join Jean and Denise for Crafty Mondays. Jean and Denise have a new craft every Monday. Most of the crafts are free, but occasionally there are some that you will need to bring specific supplies for or there may be a small fee for supplies that are needed for a specific project. The sign-up sheet for the craft, and what you need to bring, is at the front desk. Check it out!**

# BIRTHDAY CELEBRATION TIME !



January 2025		February 2025	
Mary Towler	17	Marlyss Magennis	1
Dean Stacy	23	Elaine Stasiak	2
Glenda Cornette	25	Jetaun Jones	11
		Denise Case	16
		Beverly Henrichon	27



Here's a few of our December members who came and celebrated their birthdays. Come join us for yours so we can celebrate with you!

## BIRTHDAY WEDNESDAY

**COME CELEBRATE with us**

**We will have:**

**CAKE & ICE CREAM**

**on**

**January 29<sup>th</sup>**

**and**

**February 26<sup>th</sup>**





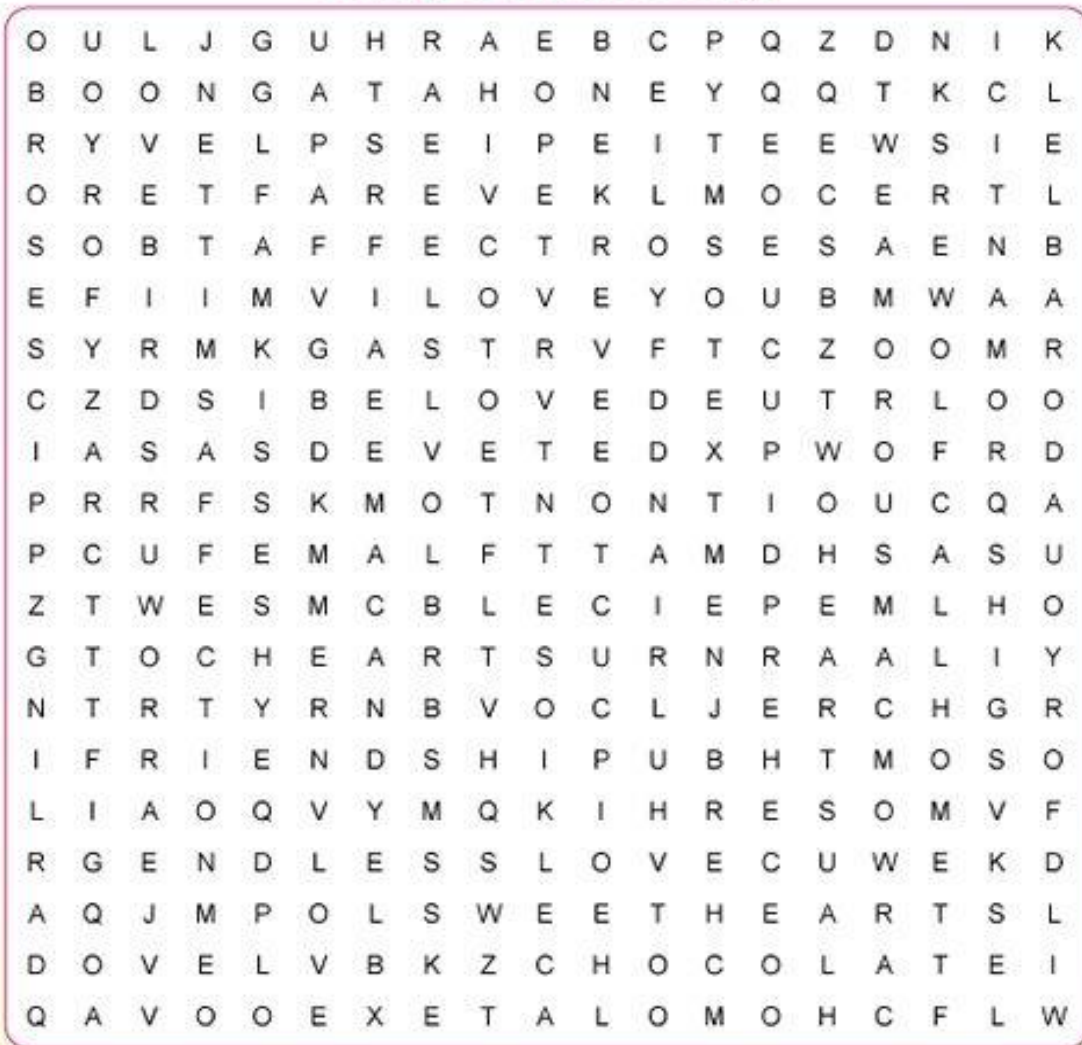
## WORD SEARCH

C F W E G I C I C L E L A W X N R A  
 L R S C E T A R B E L E C S C A R F  
 C O B S M C Y Y D R C C Q R E M M R  
 C S R R G W I I E J K L A Y H W H O  
 T T A A C I R G O O F R W D L O C Z  
 V Y R A U N A J N W A E K X T N A E  
 B O B T E T S P M R N N E C B S Y N  
 O T R S L E D D I N G N O F I N K E  
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 T G L O V E S G G W O F D R E W M P  
 S W X H G I P B N A R E H E N F L E  
 G R E K L A F X S N O W B A L L S C  
 D J T E D R K A O S F F U M R A E S  
 Y D R C E Q R S U M I C E L C K R R  
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 I T Y R E P P I L S W T A P I Q J N  
 W A E K X V E N C S G E L K B T E R  
 C H I L L Y E G B O Y K S N O O T R

BOOTS  
 CELEBRATE  
 CHILLY  
 COLD  
 EARMUFFS  
 FREEZE  
 FROSTY  
 FROZEN  
 GLOVES  
 HAT  
 HOT COCOA  
 ICE  
 ICICLE  
 JANUARY  
 NEW YEAR  
 RESOLUTIONS  
 SCARF  
 SKIING  
 SLEDDING  
 SLIPPERY  
 SNOWBALL  
 SNOWFLAKE  
 SNOWING  
 SNOWMAN  
 WINTER

# Valentine Word Search

Happy Valentine's Day!



sweetie pie  
romantic  
two hearts  
sweethearts  
chocolate  
call home  
wild for you


bear hug  
cupid  
candy  
text me  
gift  
valentine  
love

honey  
flame  
dove  
darling  
smitten  
flowers  
hearts

true blue  
kisses  
adorable  
ever after  
roses  
amorous  
friendship

beloved  
affection  
be mine  
lovebirds  
crazy for you  
I love you  
endless love

## Reminders:

1. Check the front table area for any sign-up sheets for activities, trips, etc.
2. Please use our “suggestion box to give us input on anything you would like to see if we can implement or change.
3. Membership dues of \$20.00 are due in January (aka now ) 
4. We have walkers, canes and wheelchairs available for anyone in need.
5. If you have any ideas for day trips we would love to hear them. Please place it in the suggestion box and our Trip committee will check out the details for us.
6. Please be aware and courteous of those with breathing issues and allergies to perfumes, colognes & other extremely powerful smells. We ask that you please not wear heavy smells to the Senior Center.

Please check out the ACTIVITIES on the “CALENDAR” for time and dates. (the times and dates can change week to week and may vary during the upcoming months)

1. Quilting & Sewing – Mondays
2. Crafts with Jean & Denise- Mondays
3. Cardio-Drumming- Tuesdays w/ Colleen
4. Arthritis Foundation Exercise Program (AFEP) -Tuesdays w/ Virginia
5. Golden Girls Crocheting-Tuesdays
6. Chair Yoga with Tammy-Wednesdays
7. BINGO-Wednesdays
8. BUNCO-Wednesdays
9. Birthday Celebration- last Wednesday of the month
10. Arthritis Foundation Exercise Program (AFEP)- Thursday w/ Bev
11. Euchre- Thursdays
12. Book Club - 3rd Thursday of the Month
13. Deluxe BUNCO-Fridays w/ Gloria
14. Red Hat Ladies- 1<sup>st</sup> Friday of the month
15. Shut the Box game – Fridays
16. Plaid Shirt day- every Friday in winter. (not required only if you want to)
17. \*\*CHIMES\*\* practice – Fridays w/ Colleen

## **Lincoln Golden Ages Seniors Staff**

**Director: Vacancy**

**Coordinator #1: Anita Vivian**

**Chairperson: Bettie Talbert**

**Co-Chair: Maria Dewalt**

**Secretary: Mary Jane Instance**

**Treasurer: Mary Ford**

**Trustee: Denise Case**

**Alternate Board Members: Julie Davis, Laura Kidder, Donna Raymond**

**Co-Coordinator#2: Denise Case**

**Newsletter Editor: Donna Raymond**

**Fundraiser Committee: Anita Vivian, Jean Bogue, Denise Case, Julie Davis, Mary Jane Instance, Laura Kidder, Donna Raymond, Bettie Talbert**

**Party Committee: Mary Jane Instance, Denise Case, Becky Courvoisier, Maria Dewalt, Laura Kidder, Donna Raymond, Anita Vivian, Mary Zitnik**

**Sunshine Committee: Noelene Green**

**Trip Committee: Bettie Talbert**

**NEWSLETTER SPONSORED BY:**

**The Lincoln Board of Education**

**Lincoln Golden Ages Seniors Program**

**8970 Whittaker Rd, Suite 100**

**Ypsilanti, MI 48197**

**Established in 1984**

**Office : 734-218-4253**

**Email: [LincolnGoldenAges@lincolnk12.org](mailto:LincolnGoldenAges@lincolnk12.org)**

**Please note : the driveway for the LGAS center is off Willis Rd.**





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		CLOSED 1 	Closed 2	Closed 3
6 Quilting & Sewing 9:00-2:00 Crafts w/ Jean & Denise Bird Kiss 10:00-12:00	7 Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00 Pinochle 12:30-2:00	8 Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	9 AFEP 10:30-11:00  Euchre 12:00-2:00	10 Shut the Box game 9:30-10:30 Chime Practice 10:30-11:30 Deluxe BUNCO 12:00-2:00
13 Quilting & Sewing 9:00-2:00 Crafts w/ Jean & Denise Buttons on Tree Canvas 10:00-12:00	14 Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Advisory Board Mtg 11:30-12:15 Golden Girls Crocheting 11:30-2:00 Pinochle 12:30-2:00	15 Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	16 AFEP 10:30-11:00 Party Comm. Mtg 9:30-10:30 Euchre 12:00-2:00	17 Shut the Box game 9:30-10:30 Chime Practice 10:30-11:30 Deluxe BUNCO 12:00-2:00  POPCORN DAY
20 Quilting & Sewing 9:00-2:00 Crafts w/ Jean & Denise Kitchen Cutting Board SNC 10:00-12:00 MLK, Jr DAY	14 Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00 Pinochle 12:30-2:00	22 Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	23 AFEP 10:30-11:00 Book Club 11:30-1:30 Euchre 12:00-2:00	24 Shut the Box game 9:30-10:30 Chime Practice 10:30-11:30 Deluxe BUNCO 12:00-2:00
27 Quilting & Sewing 9:00-2:00 Crafts w/ Jean & Denise Wool Mittens 10:00-12:00	28 Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00 Pinochle 12:30-2:00	29 Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BIRTHDAY WEDNESDAY 12:00-12:30 BUNCO 12:30-2:00	30 AFEP 10:30-11:00  No Euchre	31 Shut the Box game 9:30-10:30 Chime Practice 10:30-11:30 Deluxe BUNCO 12:00-2:00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3	4	5	6	7
Quilting & Sewing 9:00-2:00 Crafts w/ Jean & Denise Heart Potholder 10:00-12:00	Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00 Pinochle 12:30-2:00	Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	AFEP 10:30-11:00 Euchre 12:00-2:00	Shut the Box game 9:30-10:30 Chime Practice 10:30-11:30 Deluxe BUNCO 12:00-2:00
10	11	12	13	14
Quilting & Sewing 9:00-2:00 Crafts w/ Jean & Denise Heart Scarf 10:00-12:00	Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Advisory Board Mtg 11:30-12:15 Golden Girls Crocheting 11:30-2:00 Pinochle 12:30-2:00	Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	NO ACTIVITIES Party prepping	<b>VALENTINES PARTY</b>  11:00-2:00  Presidents' Day Valentine's Day
17	18	19	20	21
Quilting & Sewing 9:00-2:00 Crafts w/ Jean & Denise Dream Catchers 10:00-12:00	Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00 Pinochle 12:30-2:00	Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	AFEP 10:30-11:00 Book Club - 11:30-1:30 Euchre 12:00-2:00	Shut the Box game 9:30-10:30 Chime Practice 10:30-11:30 Deluxe BUNCO 12:00-2:00
24	25	26	27	28
Quilting & Sewing 9:00-2:00  <b>NO CRAFTS today</b>	Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00 Pinochle 12:30-2:00	Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BIRTHDAY WEDNESDAY 12:00-12:30 BUNCO 12:30-2:00	AFEP 10:30-11:00 Euchre 12:00-2:00	Shut the Box game 9:30-10:30 Chime Practice 10:30-11:30 Deluxe BUNCO 12:00-2:00

**Groundhog Day February 2<sup>nd</sup> 2025: Will Punxsutawney Phil See His Shadow?**

