Lincoln Consolidated Schools Seclusion and Restraint Awareness training quiz

Staff name: __________________________________________

Title: __________________________________________

Building: __________________________________________

Directions.

Read each question and circle the correct response. Quiz has eight questions on two pages. The completed quiz must be sent to the HR office.

1. Emergency Seclusion and Restraint is used only as a last resort?
   
   True               False

2. Seclusion means confining a student in a room or space where physically prevented from leaving?

   True               False

3. Restraint means direct physical contact that prevents or significantly restricts a student’s movement?

   True               False

4. Restraint does not include brief holding of student to:
   ○ Calm or comfort
   ○ Prevent impulsive behavior that threatens student immediate safety e.g., running in front of a car.
   ○ Necessary actions to break up a fight, stop physical assault, or take a weapon from a student.

   True               False
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5. Prohibited practices, even in an emergency are:
   ○ Corporal punishment
   ○ Deprivation of basic needs
   ○ Child abuse
   ○ Noxious substance or stimulus causing pain
   ○ Restraint:
     • Prone
     • Mechanical
     • Chemical or medications
     • Negatively impacts breathing
     • Any other restraint

   True                         False

6. If Emergency Seclusion lasts longer than:
   Elementary, 15 minutes
   Middle/High School, 20 minutes

   Or restraint lasts longer than ten minutes

   Then the crisis team must request additional staff support and documentation is required.

   True                         False

7. Emergency seclusion and restraint does not include confinement of pre-school children or of pupils who are severely self-injurious or suicidal.

   True                         False

8. Each incident of seclusion and restraint must be written or orally reported to the principal and parent immediately, and a written report to the parent must be available within one school day, or seven calendar days, whichever is shorter.

   True                         False

I have viewed the Seclusion and Restraint Awareness video.

Staff signature______________________________

Date______________________________