RAHS CLINIC AT BISHOP ELEMENTARY

U-M’s Regional Alliance for Healthy Schools (RAHS) now has an office open in Bishop Elementary on the LCS main campus. Mental health services will be offered during the school day.

Erica Johnson is a licensed clinical social worker who will provide Individual, family, and group psychotherapy services beginning next Wednesday, 10/23/19. Erica is experienced in providing parent support, and in working with children who worry excessively, are depressed, sad, or grieving, have difficulties managing emotions or behaviors, have experienced trauma, have problems making or keeping friends, are defiant, stressed, or have difficulties at home. Erica is also available to provide community resource information and referrals for services outside of RAHS. She’d love to introduce herself and show you the RAHS office at Bishop.

Erica will be open during conferences as an “Open House” next week: Wednesday (10/23) and Thursday (10/24) until 7:30 p.m. This is a great opportunity for parents/caregivers to stop by the RAHS office to learn more about RAHS services, meet Erica, see the space, sign consent forms, etc. There will be snacks!

RAHS Office hours are:
Mon, Wed, Thurs, Fri from 8:00-4:00 and Tues 8:00-noon.

The RAHS phone number is 734-714-9606.

A signed parent consent form is required for students to receive services. Forms are available in the RAHS office and in Child’s main office. Insurances will be billed for services, but there will be no out-of-pocket expenses for families regardless of insurance coverage.

Just another FYI: A child who is already seeing a therapist outside of RAHS cannot be seen for therapy at RAHS.

The policy at RAHS is to encourage those children who are already seeing a therapist outside of RAHS to continue with their current therapist rather than attempting to switch to therapy at RAHS. This is primarily to ensure that (a) therapy at RAHS remains accessible to those children who may not otherwise have access to therapy services outside of the school setting and (b) therapeutic relationships that children have already built with their current therapists are not disrupted.

We are so excited to share about this new service with our Lincoln families.

Have a wonderful weekend!
Mary Aldridge, Principal